

Energize Your Day

Hot Oatmeal \$5.00

Sun-dried seedless Raisins, Tropical Dried Fruit,
Brown Sugar and Honey

Cereal Favorites \$4.25

Choose from an array of Classics, Seasonal
Fruit and Sliced Bananas

Fresh Grapefruit \$3.75

Cut in half, Served with Strawberries

Bowl of Fresh Strawberries \$5.95

Served with Whipped Cream

Smoothie (10oz) \$6.25

Banana, Strawberry and Pineapple Smoothie
Blended with Low-Fat Yogurt and Honey

Carolina Awake

Watauga County Ham \$9.00

5oz Ham and two Fresh Eggs any style served with
Your choice of Grits or Hash Brown Potatoes

Imperial Breakfast \$8.75

Two Pancakes, Two Fresh Eggs any style
Crisp Bacon Strips and Link Sausage

New Wave \$7.50

Scrambled Eggs and PepperJack Cheese Wrap with
Salsa and Guacamole. Served with Peppers,
Onions and Hash Brown Potatoes

The Ultimate Omelet \$9.00

A Fluffy Omelet prepared with your choice of Toppings
with Grits or Hash Browns

Corned Beef Hash & Eggs \$9.25

Savory Homestyle Corned Beef with Two Eggs any style
with Hash Browns or Grits

Essentials

Pancakes \$7.95

Warm Delicious Griddle Cakes
Served with Butter and Maple Syrup

Belgian Waffle \$8.25

A Genuine Crispy Belgian Waffle, Topped with
Powdered Sugar, Strawberries and Whipped Cream

French Toast \$8.00

Fresh Thick Bread Dipped into a Vanilla-Cinnamon
Egg Batter and Pan Fried to Perfection

The Bakery Basket \$4.25

Daily Muffin, Danish and Buttery Croissant
Served with Jam, Honey and Butter

Guiltless Good Morning \$9.75

Egg Whites, Spinach, Cheddar Cheese
Served with Crisp Bacon and Hash Browns

Smoked Salmon & Toasted Bagel \$7.25

Served with Capers, Fresh Sliced Tomatoes
Red Onions and Hard Boiled Eggs

Breakfast Sliders \$7.25

Scrambled Egg Beaters, Swiss Cheese and
Fresh Avocado in Toasted English Muffins

We Will Fill Your Cup

Fresh Brewed Starbucks Coffee

Hot Assorted Teas

Hot Chocolate

Milk

Fruit Juice 6oz or 8oz